

Through my window...Bringing the outside in.

Outdoor symphony

There is so much more to what's through our window than what we can see. This activity encourages us to listen to everything going on out there, and to think about different ways of recreating and recording the symphony of sounds

Turn off any 'indoor' sounds—the radio, tv, phone, music, and make yourself comfortable by the window.

Open the window, close your eyes, and listen carefully. What can you hear? If you can't identify the sounds try to think of words or phrases to describe them.



Can you recreate the sound(s)? You could use your voice, your body or anything you can find in the house.

If you are with others try and recreate the combination of sounds you heard outside



What would the sounds look like if you wrote them down, or drew them. Come up with images for the different sounds—how could you draw a long sound compared to short one? A high sound or a low one? One close by or one far away?



Can you hear any birds? Any idea what they are? There are various websites (eg RSPB, Woodland Trust) and Apps which could help you to do this.

If you can't find out, why not come up with your own bird name based on the type of sound they make—many species of bird are actually named this way, eg chiff chaff, pee-wit



Key: *This is intended as a guide only—as an adult I love doing 'children's' activities, so just have a go!*



Take some time out for yourself or with others



Link to the formal curriculum if you want to



Good for younger folk



Good for older folk